

# TABLE OF CONTENTS

## **PREFACE**

*Marcelo Saad, Roberta de Medeiros (Brazil)*

**CHAPTER 1** - Spirituality-religiosity as a clinical therapeutic resource - historical trajectory and current state of the art

*Silvia Cristina Borragini Abuchaim, Luis Garcia Alonso, Rita Maria Lino Tarcia (Brazil)*

**CHAPTER 2** - Relationships between religiosity, obesity, lifestyle behaviors, and co-morbidities, Part I: A literature review

*Jennifer A. Boisvert, W. Andrew Harrell (U.S.A.)*

**CHAPTER 3** - Relationships between religiosity, obesity, lifestyle behaviors, and co-morbidities, Part II: A quantitative study

*Jennifer A. Boisvert, W. Andrew Harrell (U.S.A.)*

**CHAPTER 4** - Association of religiosity with optimism, physical and mental health in Egyptian college students

*Ahmed M. Abdel-Khalek (Egypt)*

**CHAPTER 5** - The health assessment as a moderator in the relationship between the religious meaning system, personal meaning profile and attitude towards death among Polish older adults

*Paweł Brudek, Dariusz Krok, Marcin Sękowski, Stanisława Steuden (Poland)*

**CHAPTER 6** - Religiosity and illness acceptance in cancer patients - the mediating role of coping styles

*Dariusz Krok, Paweł Brudek, Ewa Telka (Poland)*

**CHAPTER 7** - Dreams and the influence of the belief in life after death on the well-being and construction of meaning in parental bereavement

*Natasha Torlay Parente, Denise Gimenez Ramos (Brazil)*

**CHAPTER 8** - The old-new view of consciousness: a review of philosophical and scientific approaches to consciousness

*Rejane Spiegelberg-Planer (Austria)*

**CHAPTER 9** - Spiritism and medicine – experiences from the Brazilian Spiritist Medical Model for a paradigm shift in healthcare

*Marcelo Saad, Roberta de Medeiros (Brazil)*