

Marcelo Saad

MD, Ph.D

Contact

R. Montesquieu, 371 | apt. 241
ZIP 04116-190 | S. Paulo (SP), Brazil
Tel. 0055 11 99978-0168

Personal email: msaad@uol.com.br

Professional email: msaad@einstein.br

Associative email: diretoria@amesaopaulo.org.br

BRIEF PRESENTATION Physician, board-certified in Psychiatry and Acupuncture. Doctorate in Rehabilitation Sciences by the Federal University of S. Paulo. Current director member of the Spiritist-Medical Association of S. Paulo. Collaborator with the Brazilian and of the International Spiritist-Medical Associations. Co-founder member of the Interfaith Coalition on Health and Spirituality (a movement to foster spiritual support in hospitals). Besides his work as a physician in private practice, he is also engaged in scientific publication, editorial collaborations with journals and books, technical lectures, and scholar tasks. His primary interest fields are religiosity in healthcare and complementary spiritual therapies.

ORIGINS **Nationality:** Brazilian **Born, raised, and graduated at** S. Paulo (BR)

GRADUATION **Universidade Federal de S. Paulo** [*Federal University of S. Paulo*]
Medicine (completed in 1992)

MEDICAL SPECIALTIES **Associação Médica Brasileira** [*Brazilian Medical Association*]:
Psychiatry (achieved in 1995)
Acupuncture (achieved in 2003)

POST-GRADUATION **Universidade Federal de S. Paulo** [*Federal University of S. Paulo*]
Master in Rehabilitation Sciences (completed in 1998)
Doctorate in Rehabilitation Sciences (completed in 2001)

IDIOMS

Portuguese	Native language
English	Very fine comprehension and expression, both written and oral.
Italian	Good comprehension and expression, both written and oral.
Spanish	Good comprehension and expression, both written and oral.
French	Quite basic comprehension and expression, both written and oral.

PROFESSIONAL PROFILES Personal website: www.msaad.org/english
LinkedIn: <https://www.linkedin.com/in/marcelo-saad/>

ACADEMIC PROFILES [Scopus](#) [ResearchGate](#)
[ORCID](#) [Academia](#)
[Scholar Google](#)

CURRENT PROFESSIONAL ACTIVITY **Clínica Daniel Lerário**
Private clinic, since 2014
Hospital Israelita Albert Einstein
Registered physician of the open medical staff since 2005

FORMER PROFESSIONAL ACTIVITIES	<p>Universidade Federal de S. Paulo [<i>Federal University of S. Paulo</i>] Hired physician on Rehabilitation Center from 1996 to 2003</p> <p>Universidade de S. Paulo [<i>State University of S. Paulo</i>] Hired physician on Rehabilitation Center from 1996 to 2005</p> <p>Hospital Israelita Albert Einstein Hired physician from 2005 to 2013</p> <p>Universidade de Santo Amaro Post-Graduation Professor from 2015 to 2017</p>
ASSOCIATIVE ACTIVITIES	<p>Associação Médico-Espírita de S. Paulo [<i>Spiritist Medical Association, SP</i>] President, period 2015-2019 Secretary Diretor, period 2021-2023</p> <p>Associação Médico-Espírita do Brasil [<i>Brazilian Spiritist Medical Association</i>] Education Coordinator, since 2015</p> <p>Coalizão Interfé em Saúde e Espiritualidade [<i>Interfaith Coalition in Health and Spirituality</i>] Founding Member, 2015</p>
EDITORIAL COLLABORATION	<p>Frontiers in Psychology, topic editor for the issue Spirituality and Mental Health: Exploring the Meanings of the Term 'Spiritual'.</p>
EDITED MEDICAL BOOKS (as Organizer, just the English ones)	<p>2012 - Complementary Therapies for the Contemporary Healthcare. Intech Publisher (UK). DOI: 10.5772/3307</p> <p>2015 - Complementary Therapies for the Body, Mind, and Soul. Intech Publisher (UK). DOI: 10.5772/59418</p> <p>2019 - An Examination of Religiosity: Influences, Perspectives and Health Implications Nova Science Publishers (USA). ISBN: 978-1-53615-577-8</p>
PUBLISHED PAPERS (in the last 5 years, just the English ones)	<p>2016. Programs of religious/spiritual support in hospitals - five “Whies” and five “Hows”. <i>Philos Ethics Humanit Med.</i> DOI: 10.1186/s13010-016-0039-z</p> <p>2017. The Continuum of Mind-Body Interplay—From Placebo Effect to Unexplained Cures. <i>Medical Science & Healthcare Practice.</i> DOI: 10.22158/mshp.v1n1p1</p> <p>2017. Potential Contribution of the Medical-Spiritist Model to a New Paradigm on Medicine. <i>Int J ComplementAlt Med.</i> DOI: 10.15406/ijcam.2017.08.00262</p> <p>2017. Fading Away the Borders Between Religion and Science: The Proposal from the Spiritist Medical Model. <i>J Clin Res Bioeth.</i> DOI: 10.4172/2155-9627.1000313</p> <p>2017. Implications for public health of the religiosity-longevity relation. <i>RevAssocMéd Bras.</i> DOI: 10.1590/1806-9282.63.10.837</p> <p>2017. The Soul – From a Religious-Philosophical Conjecture, Towards a Scientific-Medical Matter. <i>Int J Complement Alt Med.</i> DOI: 10.15406/ijcam.2017.09.00304</p> <p>2017. Spiritist Complementary Therapies - Ways for Future Integration to Medicine. <i>Curr Res ComplementAltern Med.</i> DOI: 10.29011/CRCAM-110/100010</p> <p>2017. Are We Ready for a True Biopsychosocial–Spiritual Model? The Many Meanings of “Spiritual”. <i>Medicines.</i> DOI: 10.3390/medicines4040079</p> <p>2018. The Patient with Overestimated Faith, Expecting for a Miraculous Healing - Approaches from the Physician. <i>Sumerianz Journal of Medical and Healthcare.</i> www.sumerianz.com/pdf-files/sjmh1(1)31-35.pdf</p> <p>2019. Spirituality, religiousness and physical health: scientific evidence. In: Lucchetti G, Prieto Peres M F, Damiano R F (Eds). <i>Spirituality, Religiousness and Health - From Research to Clinical Practice.</i> DOI: 10.1007/978-3-030-21221-6_6</p>

2020. **Spiritism and Health - A Narrative Appraisal of the Scientific Publication Growth from the Last 30 years.** Sumerianz Journal of Medical and Healthcare.
[https://www.sumerianz.com/pdf-files/sjmh3\(5\)32-42.pdf](https://www.sumerianz.com/pdf-files/sjmh3(5)32-42.pdf)
2020. **Should Spiritual Care Be Covered by Healthcare Insurance and Health Systems?** Journal of pain and symptom management. DOI: [10.1016/j.jpainsymman.2020.09.028](https://doi.org/10.1016/j.jpainsymman.2020.09.028)
2021. **Spirituality and Healthcare—Common Grounds for the Secular and Religious Worlds and Its Clinical Implications.** Religions. DOI: [10.3390/rel12010022](https://doi.org/10.3390/rel12010022)
2021. **Advocating for the concept of spiritual health.** Am J Emerg Med.
DOI:[10.1016/j.ajem.2020.11.080](https://doi.org/10.1016/j.ajem.2020.11.080)
2021. **Spiritual Well-Being Affects Emotional and Physical Health.** Alternative and Complementary Therapies. DOI: [10.1089/act.2021.29328.msa](https://doi.org/10.1089/act.2021.29328.msa)
2021. **A model of the spirit that could explain some anomalous phenomena of consciousness.** Academia Letters. DOI:[10.20935/AL1660](https://doi.org/10.20935/AL1660)
-